

109TH CONGRESS
1ST SESSION

H. R. 161

To authorize the Director of the Centers for Disease Control and Prevention
to conduct minority health programs.

IN THE HOUSE OF REPRESENTATIVES

JANUARY 4, 2005

Ms. MILLENDER-MCDONALD introduced the following bill; which was referred
to the Committee on Energy and Commerce

A BILL

To authorize the Director of the Centers for Disease Control
and Prevention to conduct minority health programs.

1 *Be it enacted by the Senate and House of Representa-*
2 *tives of the United States of America in Congress assembled,*

3 **SECTION 1. SHORT TITLE.**

4 This Act may be cited as the “Healthy People,
5 Healthy Choices Act of 2005”.

6 **SEC. 2. FINDINGS.**

7 The Congress finds as follows:

8 (1) There is a critical need for the Congress to
9 lead the Federal Government in making sure that

1 members of minority populations are guaranteed ac-
2 cess to adequate health care.

3 (2) In the United States, an estimated 108 mil-
4 lion or 61 percent of adults are considered to be
5 overweight or obese.

6 (3) High rates of obesity are associated with a
7 greater incidence of diseases including heart disease,
8 diabetes, and various forms of cancers including
9 breast, uterine, and colon cancer among others.

10 (4) A lack of access to culturally sensitive med-
11 ical care and guidelines for healthy eating and exer-
12 cise habits contributes to poor health outcomes for
13 minority citizens.

14 (5) Among members of ethnic minority popu-
15 lations, the rates of obesity and disease are in-
16 creased markedly.

17 (6) According to the 2001 Behavioral Risk Fac-
18 tor Surveillance System of the Centers for Disease
19 Control and Prevention, more than one third or 34.7
20 percent of African-American adults reported no lei-
21 sure-time physical activity.

22 (7) Among African-American women, 28.4 per-
23 cent are inactive, meaning they engage in less than
24 10 minutes per week of moderate physical activity,
25 as well as 20.8 percent of African-American men.

1 (8) Rates of physical activity are low for both
2 African-American men and women, with 40.3 per-
3 cent of men and 31.4 percent of women partici-
4 pating in a regular fitness routine.

5 (9) Among Latino- or Hispanic-American
6 adults, 39.8 percent are not physically active, as
7 compared to only 22.5 percent of non-Latino white
8 adults.

9 **SEC. 3. MINORITY HEALTH PROGRAMS.**

10 (a) PUBLIC OUTREACH CAMPAIGNS.—The Director
11 of the Centers for Disease Control and Prevention (in this
12 Act referred to as the “Director”) shall conduct public
13 outreach campaigns to increase the awareness of African
14 Americans and other minority populations, particularly
15 those who are disproportionately impacted by higher
16 incidences of obesity and related diseases, about the fol-
17 lowing:

18 (1) Nutrition and fitness generally.

19 (2) Access to, and the affordability of, healthy
20 foods and dietary supplements.

21 (3) The need for health promotion to African
22 Americans and other minority groups.

23 (4) How to prepare inexpensive, healthy meals.

24 (5) How to incorporate dietary supplements and
25 physical activity into daily life.

1 (b) GRANTS TO PROMOTE HEALTHY EATING AND
2 EXERCISE.—

3 (1) GRANTS.—The Director may make grants
4 to not-for-profit organizations servicing medically
5 underserved populations for the promotion of
6 healthy eating and regular exercise habits among
7 minority communities.

8 (2) USE OF FUNDS.—A grantee may use funds
9 received under this subsection to provide information
10 about proper nutrition and increased physical activ-
11 ity.

12 (c) GRANTS FOR TRAINING AND DEMONSTRATION
13 PROJECTS.—

14 (1) SENSE OF CONGRESS.—The Congress ap-
15 plauds the efforts of the Centers for Disease Control
16 and Prevention to eliminate racial and ethnic dis-
17 parities in health through the Racial and Ethnic Ap-
18 proaches to Community Health (REACH) 2010 pro-
19 gram.

20 (2) GRANTS.—For the purpose of eliminating
21 racial and ethnic disparities in health, the Director
22 may make grants to State educational agencies, local
23 educational agencies, and community organizations
24 to conduct training events and demonstration
25 projects for children and their parents in commu-

1 nities with a significant population of African-Amer-
2 ican, Latino, Asian-Pacific-Islander, or other minor-
3 ity individuals.

4 (3) DEFINITIONS.—For purposes of this sub-
5 section, the terms “State educational agency” and
6 “local educational agency” have the meanings given
7 to those terms in section 9101 of the Elementary
8 and Secondary Education Act of 1965 (20 U.S.C.
9 7801).

10 (d) GRANTS FOR HEALTHY FOOD PRODUCTS.—The
11 Director may make grants to community organizations to
12 encourage manufacturers of healthy food products to
13 make their products available at a discount in commu-
14 nities with significant minority populations to promote
15 better health outcomes.

16 (e) AUTHORIZATION OF APPROPRIATIONS.—There
17 are authorized to be appropriated to carry out this section
18 such sums as may be necessary for each of fiscal years
19 2006 through 2011.

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